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**Egypt-Assiut-Sahel Salem**



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## PERSONAL BRIEF

I am a physical education teacher and a physical activity .trainer

I am very interested in the field of sports : individual and team sports, and very interested in the field of education, training and water sport supervision in all its forms. I am also interested in the field of first aid, athlete nutrition, motor rehabilitation and stadium injuries. I have the ability to deal with all different stages of teaching

## SKILLS AND COMPETENCIES

Having the ability and skill which is enough to teach

(swimming for adults and children)

Having the ability to deal with all different stages of

education.

The ability to deal with various injuries and first aid for them.

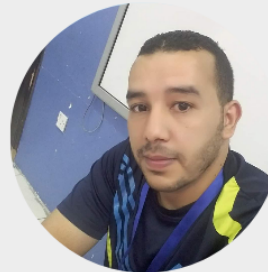
The ability to prepare different nutritional programs for

athletes, other diabetics, pressure patients and young

adults.

## INITIATIVES AND VOLUNTEER WORK

accomplishing many initiatives during my work in the Kingdom of Saudi Arabia (Together Against Obesity - the competition to raise the level of physical and health fitness for secondary school students - the permanent exhibition of physical education - the exercise of sports activity before the morning queue - the volunteer work of Al Rajaa Alhorra (The Free Hope ) Association for Community Development



**HAMADA MOHAMED SHEHATA**

**PHYSICAL EDUCATION TEACHER**

## WORK EXPERIENCE

**2009-2012**

**physical education teacher**

**At Noor Al-Iman Private Schools - Menoufia**

**Governorate - Shebin El-Koum Educational Administration.**

**2013-2014**

**physical education teacher**

**Riyadh Al-Hekma National Schools, Kingdom of Saudi Arabia, Northern Region (Tabuk**

**2005 - 2009**

**physical education teacher**

**Swimming coach**

**Riyadh Al-Hekma National Schools, Kingdom of Saudi Arabia, Northern Region (Tabuk)**

**At the sports club at the Prince Sultan bin Abdulaziz Al Saud Center (during the evening period) and supervising the maintenance and cleanliness of the swimming pool**

**2018 : 2014**

**physical education teacher**

**Swimming coach**

**Manarat Al-Islam National Schools - Kingdom of Saudi Arabia, Eastern Province (Dammam) and during the same period a swimming coach and supervision of student activities during the evening period**

**2018 : 2020**

**physical education teacher**

**Swimming coach**

**activity pioneer**

**Al-Mishkat National Schools - Kingdom of Saudi Arabia, Eastern Province (Dammam) [At Al-Mishkat National Schools - Kingdom of Saudi Arabia, Eastern Province (Dammam) System Manager (e-learning platforms) middle school**

**System Manager (e-learning platforms) middle school At Al-Mishkat National Schools - Kingdom of Saudi Arabia, Eastern Province (Dammam), and during the same period I was working as a system manager for e-learning platforms (classera).**

**2020 : 2022**

**project manager**

**At the Free Hope Association for Community Development in Sahel Selim (Egypt - Assiut Governorate - Sahel Selim Center, based in the village of Al-Luqa) (Together for a Clean Environment Project)**

# EDUCATION HISTORY

I got a bachelor's degree in physical education, specializing in (curricula and teaching physical education) in 2009 with a grade of very good

**Egyptian Diving and Rescue Federation**

I got the certificate of swimming teacher, drowning rescue and water safety in 2008 with a grade of good

**International Academy of Applied Sciences, Cairo**

I had an authenticated certificates accredited by the Egyptian Foreign Ministry, a) Specialist in sports injuries and kinesthetic rehabilitation for kinesthetic rehabilitation during the period from 6/2018 to 7/2018

**The Egyptian Society for Alternative Medicine and the Protection of the Right of the Patient**

I took a sports massage course during the period from 1/5/2018 to 6/1/2018

I got sports nutrition certificate during the same period

**I got the ICDL certificate from Assiut University**

**Saudi Badminton Federation.**

**I got a badminton certificate.**

**Member of the Professional Syndicate for Injuries and Rehabilitation**

**Dammam Educational Administration (Eastern Province)**

**[I obtained many certificates of active learning (for primary and secondary levels)**

**Assiut Governorate (information technology center in the governorate's general office)**

**I got the International Computer Driving License ICDL Teacher during the period from 19/2/2022 to 4/2/2022**