

## Resume

**Adham nasim mansoor Tobar**  
HSE



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- 20/7/2001
- bachelor
- Egypt

### OBJECTIVE

I will be an effective member in the organization in which I work and I will work hard to achieve the desired goals with all dedication, professionalism and professionalism, in addition to being keen on self-development in the field of work and looking forward to achieving self-satisfaction and the satisfaction of the employer in which I work and all my leaders, and I will be very keen to develop the work system in all its ways. Efficiency and dedication

### COURSES

#### OSHA course in occupational safety and health

- Safety Center Egypt

2022

- \*construction industry occupational health & safety
- \*general industry occupational health & safety
- \*first aid
- \*nasp training program
- \*lifting & rigging
- \*scaffolding
- \*crisis management
- \*investigation of accidents
- \*risk assessment
- \*fire fighting

### EXPERIENCE

#### Occupational safety and health supervisor

- Orascom Construction Company, Egyptian Opera House Project

(Maersk Port East Port Said Project).The Egyptian Opera House project, the new administrative capital

Preparing and developing the foundations, rules and procedures of occupational safety and health at the work site, identifying occupational hazards at work sites and procedures for avoiding them, providing occupational safety and health supplies and tools and following up on their use, and preparing documents and reports specialized in business results.

1/2021-7/2022

### EDUCATION

#### ITC Institute of Surveying and Mapping

- Survey Engineering Institute

2019-2021

Affiliated to the Faculty of Science, Mansoura University

Information Technology specializes in area with distinction (with distinction)

### PROFESSIONAL SKILLS

- Excellent skills in dealing with computers , very good
- Excellent skills in dealing with the computer - high communication, persuasion and negotiation skills - taking care of appearance, sincerity and firmness at work - working in a team spirit, patience and enduring pressure and the hardship of work - speed, mastery and striving for

excellence and leaving  
a positive imprint in what I  
do - arrangement, coordination,  
organization and archiving



## PERSONAL SKILLS

- Ability to work under pressure , excellent
- \*Obtains a car driving licence
- \*Dealing with stress and managing time effectively
- \*Adapting to safety-related changes and challenges



## HOBBIES AND INTERESTS

- Work and work are the first and foremost hobby for me



## LANGUAGES

- \* My Mother's Language be Arabic \*english language , \*excellent \*good

