**CURRICULUM VITAE**

Adel M.M.Mahran, MD,FACS,MRCPS.

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**Personal information**

**Name:** Adel

**Family name**: Mahran

**Place of birth**: Egypt

**Marital status:** Married

**Nationality**: Egyptian

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**Summary of qualifications:**

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| **Summary of qualifications: Degree** | **Specialty** | **University** | **Date** |
| **M.B.B.CH** | Medicine & Surgery | Assiut | 2002 |
| **M.Sc** | General Surgery | Assiut | 2007 |
| **PhD** | Cardiothoracic Surgery | Assiut | 2014 |
| **FACS** | Cardiothoracic Surgery | American college of surgeon | 2016 |
| **MRCPS(Glasg)** | Surgery | Royal College of Physician And Surgeons of Glasgow | 2018 |

**Work Experience:**

**Current job:**

Cardiac Surgery Specialist

Ministry of Health, Kuwait

2015- until present time.

Throughout my training I have maintained excellent relationships with all members of the team and contributed to a harmonious working environment in all the units in which I have worked. I have also improved my personal assertiveness, time management and leadership skills through personal practice in my recent postings. I have achieved the ability to adapt easily to different medical teams over the course of my medical training. I have also prided myself on making a quick and substantial contribution to each of the units in which I have worked.

I believe I have matured as a doctor during the course of my training which has equipped me the ability to take full responsibility as and when necessary, but I also know when to call on more senior assistance when appropriate. However, my capacity to determine priorities, organize my time to maximum effect and take responsibility has been consolidated in recent years .

***Previous Positions***

**October 22th 2013 till now.**

Assistant lecturer of Cardiothoracic Surgery .

Aswan University ,Aswan,Egypt.

October **2009- October 2013.**

Fellow in Pediatric Cardiothoracic Surgery

Assiut University Pediatric Cardiothoracic Surgery Unit.

**April 2007 – October 2009.**

Fellow in Cardiothoracic Surgery

Assiut University Hospitals.

**March 2004 – April 2007**

Resident in Cardiothoracic surgery,

Assiut University Hospital.

**January 2006 -July 2006**

Fellow (part time)in National Heart Institute, Cairo.

**October 2006 – april 2007**

Fellow (part time)in Nasser National Institute , Cairo

**July 2007- JUNE 2013.**

Fellow (part time) Aboelrish children hospital, cairo.

**Fields of interest**

Minimal invasive Surgery

Heart Failure Surgery

Congenital cardiac Surgery

Mitral valve repair

Off pump coronary surgery

Valvular Surgery

**Professional clinical experience:**

**Heart Failure Surgeries:** 

Working as a cardiac surgery specialist in Al Dabbous Cardiac Center in Kuwait where we started the Heart failure and transplant program since 2016, with implanting of more than 46 MCS including LVADs, RVAD, TAH and we succeeded to start the first cardiac transplant in Kuwait.

Inserting more than 130 VA ECMO over the last 3 years.

We have a collaboration with Hanover medical Center over the last 3 years with sharing the expertise and guidance.

**Adult Cardiac Surgery:**

Working in a tertiary cardiac center, performing all kinds of cardiac emergencies as well as in hospital CABGs as a part of our mission.

**•** **Minimal Invasive techniques.**

I am doing EVH technique as a part of th team,and I am inhe training stage now for ERAH technique.

**● Congenital Cardiac Surgery.**

Mastering ASD, VSD, SAM, Fallot's, MBT Shunts, PDA Closure.

**●Valvular Cardiac Surgery .**

Mastering Mitral, Aortic and Double Valve Replacement.

Assisting in Mitral and Aortic valve Repair.

**●Coronary Surgery .**

Supervised on pump coronary surgery .

Assisting in off pump coronary surgery.

Mastering LIMA and vein harvesting.

**Research**

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| --- | --- | --- |
| Left ventricular assist device therapy: the Kuwait experience | *Journal of Thoracic Disease* | 2017 |
| Is bilateral internal thoracic artery grafting in poorly controlled diabetic obese patients a contraindication? A single center pilot study | Egyptian Journal of Cardiothoracic Surgery | 2017 |
| 2-Octyl Cyanoacrylate (Dermabond®) skin adhesive versus polyglactin for skin closure in endoscopic radial artery harvesting | Egyptian Journal of Cardiothoracic Surgery | 2018 |
| Endoscopic Radial Artery Harvest in Coronary Artery Bypass Surgery: Clinicopathological Evaluation. | World Journal of Cardiovascular Surgery | 2019 |

**Workshops and training courses**

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| --- | --- |
| **Basic Life Support** | American Heart association. |
| Advnced life support | American Heart association. |
| EVH training course | Adan hospital,Kuwait. |
| ERAH workshop | Adan hospital,Kuwait. |
| ECMO training course | Mc Gill university. |
| Echo trainng course | Assuit university. |
| bronchoscope and chest ultrasonogroply work shop | Egyptian scientific society of bronchology. |
| intensive care course | Egyptiom medical syndicate |

**Conferences**

Attendance of annual conference of the Egyptian Society of Cardiothoracic Surgery annualy from 2005-2010

**1st July 2007 -30th september2007.**

Attending training course in echocardiography in cardiology unit ,internal medicine Assuit university hospital.

.8-11 march 2008.

Attendance of the 26th annual conference of assuit faculty of medicine.

***30th April- may1st 2008.***

Attendance and active participation in the bronchoscope and chest ultrasonogroply work shop organized by the Egyptian scientific society of bronchology.

.***3rd-7th may 2008***.

Attendee in condensed course (25 hours of Theoritical and dinical teaching) of intensive care organized by continued medical education committee of the Egyptian medical syndicate.

**.14th- 21th may 2009.**

Advanced hands-on course in modern pulmonary medicine work shop.

Diagnostic and intervention bronchoscopy and chest ultrasound work shop.

***16th-18 thDecember 2009.***

-Organizing committee of the 1-st annual conference of pediatric cardiothoracic surgery unit, Assiut University Children Hospital.

***29th novrmber-1st Drcember2010*.**

The 3rd intrenational meeting of pediatric cardiology and cardiac surgery organized by the egyption work group of pediatric cardiologist and egyption society of cardilogy.

***1st -3rd December 2010.***

The 15th annual scintefic meeting of the egyption work group forinterventional cardiology organized by cardiology department, cairo university.

***22th-23thDecember2010.***

Coronary artery bypass surgery hand on work shop organized by assuit university.

***18th-19th january2012.***

1st cairo international conferance on pediatric post operative cardiac intensive care.

***16th-17th October 2015.***

Joint Kuwait Cardiac Society and European Socitey of Cardiology Conference.

***21st-23rd November 2017.***

ECMO as a Treatment Modality for Respiratory and CirculatoryFailure.

McGill+PALI.

***24th-25th November 2017.***

Kuwait Medical Association Scientific Conference-Updates in Medicine.

***6th-7th October 2017.***

Joint Kuwait Cardiac Society and European Socitey of Cardiology Conference.

**Organizations**

**Royal College of Physicians and Surgeon (Glasgow).**

Member.

August 2018 to present.

**American College of Surgeons.**

Fellow.

June 2016 to Present.

**Egyption Society of Cardiothoracic Surgery.**

Member

March 2005 to Present.

**CTSNET.org**

Member

June 2004 to Present.

**LANGUAGES AND COMPUTER SKILLS**

**Computer Skills**: Experienced user of Microsoft Office and all of the internet applications.

**Languages:**

• **English:** fluently spoken and written.

• **French:** fairly spoken and written

**Skills & Expertise**

• Surgery

• ICU

• Clinical Research

• Medical Education

• Patient Safety

• Cardiology

• ACLS

• Healthcare Management

• Communication Skills

**Referees**

• Dr. Riyad Tarazi (FACS).

Head of cardiac surgery department,Salman AlAbdullah A ldabbous cardiac centre,Adan hospital,kuwait.

Phone 0096599862421 - 009655000093.

rtarazi1@yahoo.com .

• Prof Dr. Ahmed Elminshawy

president of Assuit university ,

Professor of cardiothoracic surgery ,

Assiut ,Egypt

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Prof Dr. Ahmed Ghoneim

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Prof. Dr. Mohamed Abo Elzz

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Ex head of cardiothoracic surgery Department

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