# OUALID EL KARMANI

Professional Chef

## Education

2009 - 2011: Culinary Training at the Professional Qualification Center for Tourism TOUARGAS.

High School Diploma

#### Professional experience

- Currently a Chef de Partie at HILTON Taghazout bay Agadir
- 1st Chef de Partie at the Legend Gastronomie restaurant in The View Hotel 2023
- 1st Chef de Partie at a gastronomy restaurant in Marina Tanger from 2022-2023.
- Chef de Partie at The View Hotel Rabat from 2021-2022.
- Sous Chef at Alba Terrace in the United Arab Emirates from 2019 to 2021.
- Chef de Partie at Alba Terrace in the United Arab Emirates from 2017 to 2019.
- Demi Chef de Partie at the restaurant Alba Terrace in the United Arab Emirates from 2016 to 2017.
- 1st Commis Chef at Hotel Sofitel Rabat Jardin des Roses from 2014 to 2016.
- Commis Chef at Hotel Sofitel Rabat Jardin des Roses from 2013 to 2014.
- SUSHIMAN at Matsuri from 2011 to 2013.

Training programs

• 2009–2011 Practical training at Sofitel Garden of Rose.

### Contact

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# Culinary skills.

- Skilled in preparing, seasoning, and cooking a wide range of foods, including salads, main courses, gastronomic kitchen, desserts, and sushi. Proficient in French, Italian, Spanish, Mexican, Moroccan asiatique kitchen, Thai, and international cuisine. Capable of cooking, roasting, grilling, boiling, and frying meat, fish, vegetables, and other ingredients. Proven experience in garnishing, organizing, and serving food for patrons.
- Knowledge of checking the freshness of foods and ingredients before cooking. Ability to develop and create recipe cards and menus.
- Prepare, cook, and garnish dishes.
- Evaluate the quality of raw ingredients
- Execute recipes based on technical sheets.
- Check the preparations and dishes (taste, quality, presentation).
- Organize and maintain the workstation and equipment.
- Organize banquets.
- Supervise a kitchen team.
- Manage orders (purchases, controls, recalls) from suppliers.

Languages and P	Personality
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- English 8 / 10. Serious
  - French. 7 / 10. Creative
- Arabic. 10/10. Punctual
  - Leader