# Catherine Fayek Daif

Psychological/Educational Consultant. Certified Trainer, Lecturer and Facilitator.

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## Nationality: Egyptian.

#### Personal statement:

I seek to use my study and skills in working for a progressive organization, Moreover, I am looking forward to work with a creative, successful teamwork to be an active member and help my organization to achieve its goals.

## Key Skills:

#### HIGHLY MOTIVATED, ADAPTABLE AND AMBITIOUS

- Very high potential to quickly absorb and retain new information and procedures.
- The ability to work under pressure and completing many tasks at the same time.
- Ability to undertake tasks alone, or as part of a team.
- Organizing and coordinating capabilities.
- A logical approach and problem-solving talents.
- Excellent communication skills, both written and verbal.
- Proficiency in all areas of Microsoft Office, including Excel, Word, and PowerPoint.

## **Education**:

- Healing with the Arts, University of Florida. USA. (2023)
- Certified Technical Trainer, National Education Network (NEN) 2018/2019.
- Professional Diploma in Psychological and Family counseling, Counselling School, Jesuit Cultural Centre, Alexandria, Egypt (3 year) 2015/2018
- Professional Diploma for Preparation /Training Shadow Teachers for Disabled children in basic education levels, with Caritas, Sawiris Foundation and AL 'Amal Village Association Alexandria, Egypt. (300 hour) 2010/2011.
- Bachelor's Degree, Social Services Higher Institute, Alexandria, Egypt. 2003/2004.

### Achievements and responsibilities:

- A member of the Perform Arts school committee, which evaluate and interviews the new members who join the school every year.
- A member of Masrtopia Steering Committee camp for adolescents, as a monitoring, and learning Specialist.
- Organizing psychological/ educational support groups with children, adolescents, and adults, to help them relieve daily stress and how to express themselves and their internal feelings.
- An Interview on National Radio, to discuss the meaning of Positive personality.
- An Interview on National Television, to discuss Autistic problems and how to deal

with them.

- Training and research skills in Developing and Modifying Behaviors for Normal and Autism children and adolescents.
- Psychological and Moral support for families and Children.
- Provide awareness /guidance lectures, to enable families to deal with their children based on the principles of positive parenting.
- The ability to train and facilitate groups of children and adults, within different organizations.
- Storytelling.
- Presenting a professional and friendly first impression, to all visitors and clients.

## **Employment History:**

- I provide "psychological support Groups" as an educational/ psychological consultant, for a group of psychological care providers for psychological /mental patients, Good Shepherd, central sector, Alexandria, Egypt. (2022/2023 (ongoing)).
- Work as an educational/ psychological consultant, to provide lectures at Counseling School, Jesuit Cultural Centre, Alexandria, Egypt. (2018/2023 (ongoing)).
- Masr Topia steering commit member, as a monitoring, learning Specialist, and educational/ psychological consultant to deal with multinationals and refugees adolescents, to monitoring, provide counseling and psychological aid, based on the principles of positive parenting, with IMC, Alexandria, Egypt (2017/ 2022 (ongoing)).
- Working as a freelance researcher and translator, (Arabic / English) and vice versa (ongoing).
- I presented a workshop "A Journey of Awareness," as a psychological/educational consultant, which aims to increase awareness of self and the other, Jesuit Cultural Center, Alexandria (2022).
- Work as an educational/ psychological consultant, at "Afahamany" program, to provide awareness /guidance lectures, in "Anger Management" to combat domestic violence with IMC, Alexandria, Egypt. (2017/2021).
- Work as an educational/ psychological consultant, at "Tawasol Project" with Plan International & AUC Egypt. It was about Positive Discipline and Classroom Management Training, to enhance the skills of Syrian educators/teachers and other educational personnel in Syrian-led learning centers, through conducting training workshops across the project locations; Giza, Sharkeya, Alexandria, and Damietta, Egypt. (January 2021).
- Work as an educational/ psychological consultant, on the Project "Integrating peace culture among Syrian refugee children in Egyptian community", to build a culture of peace and acceptance among Syrian refugees and Egyptian children and their parents through applying integration workshops and providing counseling and psychological aid, based on the principles of positive parenting, with IMC and PMU, Alexandria, Egypt. (August 2020).
- Work as an educational/ psychological consultant, to provide counseling and psychological aid and support Groups, in the Community Development sector, Caritas, Alexandria, Egypt. (2019).

- CEO, at Positive Training Centre, Alexandria, Egypt. (2 years-2016/2018).
- Online educational/ psychological consultant, at "Fadfadah" App, to deal with "Children's problems". (1 year/2017).
- Work as trainer/ lecturer, to provide Training Techniques to beginners, at the Training Department sector, Seti Centre, Caritas, Alexandria, Egypt. (6 years-2012/2018).
- Work as Child Behaviour Modifying Specialist (Normal-Autistic) children, at Seti Centre, disability sector, Caritas, Alexandria, Egypt. (7 years-2011/2018).
- Work as Computer Teacher, at Elliman Elementary Private School, Alexandria, Egypt. (1 year/ 2010).
- Work as Executive secretary / Marketing/ Designer, at Technical Company for Contracting & Trading, Alexandria. (2 years- 2008/2010).
- Worked as an Audit and Tax transactions employee, at Mr/Nabil William's Accountancy office, in Alexandria, Egypt. (5 years- 2003/2008).
- First Aid training, Pharmacy, Alexandria, Egypt. (6 Months/2003).

## Training Courses:

- The Science of Energy and Mind, online course. Edraak (2019).
- Emotional Intelligence, online course. Edraak (2019).
- Performing Artist, at Perform Arts School, Alexandria, Egypt. (2019).
- Psychology online course. (2018).
- A training course in deaf and Sign language, at Al-Nardin Association for Social Services, Cairo, Egypt. (30 hours, 2014).
- A training course in (CBC) Creative Business Certificate, at CBS, El Nahass consulting, Alexandria, Egypt. (Jan30 to Mar24/2014).
- Alternative and Augmentative Communication in Practice (AAC), at Fairhaven (the special school for the mentally challenged), Alexandria, Egypt. (36 hours, 2013/2014).
- Diploma in Adobe Corporation (Web and Graphic Design), Computer Sciences, at Syllabus Training Academy, Alexandria, Egypt. (23 May 2011).
- English course, at ASEB (Academic system for Educational Basics), Alexandria, Egypt. (6/7/2011).
- Course in Autodesk Corporation (AutoCAD 2D), at Syllabus Training Academy, Alexandria, Egypt. (25 Sep 2010).
- Active Citizen, Alexandria, Egypt. (2010).
- Advanced ICDL, at Arab Academy for Science and Technology and Maritime Transport, Alexandria, Egypt. (28 Sep 2009).

## **Computer Skills:**

- Graphic Design.
- Web Design (Photo shop, HTML, Dream waver, CSS, Java, flash).
- Auto Cad 2D, 2004/2010.
- Microsoft Office XP / 2007 / 2010 / 2013.
- Operating Systems.
- Applications.

- Win Xp / 7 / 8/ 10.
- Mail Client.
- Internet.

#### Languages:

- Arabic (Mother tongue).
- English (Very Good).
- French (Beginner) .
- German (Beginner/A2).