
HISHAM MOHAMED

Cairo / Egypt • +201090823232 • hisham.moh.nawas.hm@gmail.com



Physiotherapist

Summary

As a physiotherapist i'd like to help patients with physical difficulties resulting from illness, injury, disability or ageing to improve their movement. I'll devise and review treatment programmes using manual therapy (such as massage), therapeutic exercise and electrotherapy.

As well as treating patients, i'll also promote their health and wellbeing and provide advice on how to avoid injury and self-manage long-term conditions.

Patients can include children, the elderly, stroke ,obese patients and people with sports injuries.

- Intensive & Emergency Care
- Sports Injuries
- Clinical Management
- Pre/Post Operative Care
- Ortho/Neuro
- Pain Management
- Care Plan Development
- Education & Training
- Team Leadership

Key Qualifications

- work with patients who have a range of conditions, including neurological, neuromusculoskeletal, cardiovascular and respiratory, sometimes over a period of weeks
- work with weight control and reshaping customers and providing a 'whole person approach to health and wellbeing, which includes the patient's general lifestyle
- diagnose, assess and treat their physical problem/condition
- develop and review treatment programmes that encourage exercise and movement by the use of a range of techniques
- involve parents and carers in the treatment, review and rehabilitation of patients
- educate patients and their carers about how to prevent and/or improve conditions
- write patient case notes and reports and collect statistics
- liaise with other healthcare professionals, such as GPs, occupational therapists and social workers, to exchange information about the background and progress of patients, as well as to refer patients who require other medical attention
- keep up to date with new techniques and technologies available for treating patients
- supervise student and junior physiotherapists and physiotherapy support workers
- be legally responsible and accountable
- be caring, compassionate and professional at all times
- manage clinical risk.

Physical Therapy Experience

Oct 2011 - Apr 2013

Physiotherapist

Pro center – Cairo

Physiotherapist at PRO center dealing with sports injuries, orthopedics and neurology problems and weight control for athletes under supervision of Dr. Hussam EL-Ibrashy physiotherapist of Egyptian national football team .

June 2013 - June 2014

Physiotherapist

Ministry of Defence Egypt

Physiotherapist at Ghamra Military Hospital ,Cairo during my military service

June 2014 - Till now

Physiotherapist

Ministry of Health Egypt

Physiotherapist at Ibiar general hospital – Kafr Al Zayat, Egypt

November 2014 - Till now

Physiotherapist

Wadi Degla Investment

Physiotherapist at Wadi Degla Clubs.

September 2019 till now physiotherapist at German Center As Salam international hospital

Skills

Arabic language



English language



Education

Sep 2003 - Feb 2011

B.Sc. in Physiotherapy

Misr University For Science & Technology

DHA license

Ref.: DHA/LS/2492018/848110